



	General Living Allowance			
	Tier A	Tier B	Tier C	Tier D
One Adult	\$583	\$511	\$500	\$488
Two Adults	\$1036	\$950	\$908	\$854
Single Parent				
- 1 or 2 children	\$891	\$763	\$749	\$658
- 3 or 4 children	\$943	\$858	\$799	\$735
- 5 or more	\$1015	\$954	\$861	\$812
Two Parents				
- 1 or 2 children	\$1146	\$1018	\$1004	\$913
- 3 or 4 children	\$1198	\$1113	\$1054	\$990
- 5 or more	\$1270	\$1209	\$1116	\$1067

	Board and Room Allowance	Personal Living
One Adult	\$330	\$115
Two Adults	\$660	\$230
Single parent		
- 1 child	\$440	
Two parents		
- 1 child	\$745 <i>(plus \$85 for each additional child)</i>	

**General Living Allowance** benefits are for food, clothing, household needs (including furniture, appliances and household supplies), personal needs, transportation (including school transportation, public transit pass or costs associated with owning a vehicle), and for shelter (including rent, mortgage, taxes, insurance, condominium fees, lot rental, homeowner's maintenance). Applicants who have not already paid for accommodation in the month of application - the amount of the general living allowance is reduced by \$8.50 per day for every day from the first day of the month to the day prior to the date of application.

**Board and Room** - Allowance for cost of accommodation, food, clothing, personal needs and incidental expenses.

**Personal Living Allowance** of \$115 for adults in accommodations where room and food are provided for. Children receive \$55 when residing in safe shelters.

**Tier A** – Lloydminster, Regina, Saskatoon, Estevan and the bedroom communities of: Allan, Asquith, Balgonie, Belle Plaine, Bradwell, Buena Vista, Clavet, Colonsay, Dalmeny, Delisle, Disley, Dundurn, Edenwold, Elstow, Grand Coulee, Langham, Lumsden, Lumsden Beach, Martensville, Meacham, Osler, Pense, Pilot Butte, Regina Beach, Shields, Thode, Vanscoy, Warman, White City

**Tier B** - Creighton, Kindersley, La Loche, La Ronge, Macklin, Melville, Prince Albert, Rosetown, Weyburn, Yorkton

**Tier C** - Battleford, Fort Qu'Appelle, Humboldt, Meadow Lake, Melfort, Moose Jaw, Nipawin, North Battleford, Swift Current, Watrous

**Tier D** - Other towns and rural areas.

## Utilities Allowance

	Tiers A, B, C & D			
<b>Telephone</b>	\$30			
<b>Power/Electricity</b>				
1st person base amount	\$80			
Additional amount per person	\$12			
Maximum amount for 5 or more persons	\$128			
<b>Energy/Home Heating</b>				
1st person base amount	\$93			
Additional amount per person	\$8			
Maximum amount for 5 or more persons	\$125			
<b>Water</b>	<b>Tier A</b>	<b>Tier B</b>	<b>Tier C</b>	<b>Tier D</b>
1st person base amount	\$30	\$30	\$25	\$20
Additional amount per person	\$6	\$6	\$5	\$2
Maximum amount for 5 or more persons	\$54	\$54	\$45	\$28

Child Care (children under 13) Per Day Required		
	Unsubsidized	
	Half day	Full Day
1 child	\$10	\$20
2 children	\$14	\$27
3 children	\$17	\$34
4 or more children	\$21	\$41

Relocation Allowance	
1 Adult	\$498
2 Adults	\$796
<b>Families</b>	
1 - 2 children	\$906
3 - 4 children	\$958
5 or more children	\$1,030

### Other Allowances

**Northern Food Allowance** - a monthly benefit to meet the additional costs of living in northern communities (\$50 per eligible family member)

**Pre-Employment Allowance** - a monthly benefit for activities related to pre-employment programs and services (\$20 per eligible adult family member)

**Job Start Allowance** - a benefit paid for expenses incidental to commencing employment such as work clothing (\$140 per eligible adult family member)

### Transitional Employment Allowance applicants may call the:

- Client Service Centre at: 1-866-221-5200
- or in Regina call: 798-0660
- TTY number: 1-866-995-0099
- or in Regina call: 787-1065